

# The Gersky Gazette

Tips, hints, and other fun stuff from  
Gersky's Catering and Event Planning

October 2005

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Thanksgiving is almost here!



Turkey-Day is only weeks away, and with that in mind we'd like to showcase some of our favorites here at Gerskys, to give you something to think about before you finalize your own holiday plans

[Find out more....](#)

## Greetings!

The heat wave has ended, and fall is officially here.

Do you enjoy the time-honored tradition of pumpkin carving every October? We at Gersky's sure do, and are here to help you out with some great carving tips. And speaking of the pumpkin family, another great fall vegetable is winter squash. We bet you didn't know just how healthy they are. And after you've armed yourself with some great squash knowledge, be sure to try this month's recipe, Apple and Cranberry Stuffed Squash.

Thanksgiving is looming around the corner, and it's never too early to start thinking about what you'll be eating this year.

Finally, we'd like to congratulate Joel's son Michael on his acceptance to the Culinary Institute of America.

## • Pumpkin Carving Tips

One of the greatest traditions of any fall season, is pumpkin carving. Whether you're a novice or an expert carver, these tips from the Food Network will surely help you out.



1. Be sure to level off the bottom of your pumpkin with a serrated knife so that it will sit straight.
2. After opening your pumpkin, scrape the interior clean with a metal spoon. Save the seeds for eating.
3. If you're carving an elaborate design, draw it first on paper. Tape the design to the pumpkin and use a pin to poke tiny holes through the paper and into the rind. When you remove the paper, the pattern will be visible and ready to cut, without any telltale ink marks.

Get the rest of the tips from [foodtv.com](http://foodtv.com). Or you can visit [hgtv.com](http://hgtv.com) for some great printable pumpkin templates.

## Quick Links...

- [Thanksgiving Menu 2005](#)
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- [What are you having for dinner tonight?](#)
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### • **Fall Veggie Spotlight - Winter Squash**

Squash may not be at the top of your grocery list this fall. But squash season is upon us, and now is the perfect time to try some. Winter squash is available from August through March, however, they are at their best right now, from October to November, when they are in season.



There are a number of varieties of winter squash, so keep this short list in mind when you head out to the market:

- Butternut squash
- Acorn squash
- Hubbard squash
- Turban squash

In addition to being delicious, squash also provide not only a great source of vitamins A and D, but they also help in the fight against cancer.

When you're at the market remember to choose ones that are firm and heavy for their size and have dull, not glossy, rinds. The rind should be hard as soft rinds may indicate that the squash is watery and lacking in flavor.

And in case you were wondering, the squash is a relative of the melon and the cucumber.

### • **Apple and Cranberry Stuffed Squash**

Our Recipe Of The Month is Apple and Cranberry Stuffed Squash.

With squash in season right now this is a fantastic dish to make. Try it today, and if you like it, why not add it to your holiday menu as well.



And don't forget those squash buying tips when heading to the market.

**[Get the recipe here...](#)**

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